

# The Keys Bar Menu

## NIBBLES & STARTERS

SOUP OF THE DAY Always homemade with bloomer bread & butter (please ask for today's choice)	£3.75
GARLIC BREAD (V) Three slices	£2.80
JALAPENO PEPPERS Bread crumbed jalapeno peppers deep fried centred with soft cheese served with a garlic mayonnaise dip	£5.50
BREADED MUSHROOMS (V) Deep fried breaded mushrooms with a garlic mayonnaise dip	£5.50
CLASSIC PRAWN COCKTAIL North Atlantic prawns with Marie Rose sauce served with wholemeal bread and butter	£5.75
CHEESY NACHOS FOR 1 OR 2 Topped with a trio of dips of sour cream, guacamole & salsa	£3.95/£7.00

## GOURMET BURGER SELECTION

HOMEMADE GOURMET BURGER 1/2 POUNDER Homemade 100% beef ground & blended with diced onion & light seasoning with hand cut chips, homemade onion rings & coleslaw	£9.25
1/4 POUNDER A smaller option served as above	£6.95
HOMEMADE VEGGIE BURGER (V) With hand cut chips and homemade onion rings & coleslaw	£7.95
ADD BACON	£0.50
ADD CHEESE	£0.50

## TASTY WRAPS

All served with hand cut chips & salad garnish	
MEDITERRANEAN VEGETABLE WRAP (V) Vegetables marinated in Cajun spices with sour cream, lettuce & salsa enclosed in a tortilla wrap	£6.95
CAJUN CHICKEN WRAP Tender strips of chicken marinated in Cajun spices with sour cream, lettuce & salsa enclosed in a tortilla wrap	£6.95
CAJUN STEAK WRAP Tender strips of steak marinated in Cajun spices with sour cream, lettuce & salsa enclosed in a tortilla wrap	£7.50

## DELI STYLE PLATTERS

To share...or not to share!	
PORK PIE, HAM & CHEESE PLATTER Pork pie, home cooked roast ham, Lancashire, Garstang Blue cheese with slices of home baked bloomer bread & butter, homemade tomato chutney, vine ripened tomatoes & fresh grapes	£8.50/£12.95
PLOUGHMANS PLATTER Home cooked roast ham, Lancashire, Garstang blue cheese with grapes, homemade tomato chutney, slices of home baked bloomer bread & butter with a salad garnish	£7.95/£11.95
CHEESE PLATTER Lancashire cheese, Garstang blue cheese & local cheddar with apple, grapes, homemade tomato chutney, slices of home baked bloomer bread & butter with a salad garnish	£7.50/£11.50

## FRESHLY BAKED ORGANIC HOT BAGUETTES

All served with hand cut chips & salad garnish	
C.B.L.T Chicken, bacon, lettuce, tomato & mayonnaise	£7.50
STEAK & ONION Rump steak & fried onions	£7.95
CUMBERLAND SAUSAGE	£7.95

## MOUTH WATERING PANINI'S

All served with hand cut chips & salad garnish	
B.B.Q CHICKEN Chicken, bacon, cheese & B.B.Q sauce	£6.75
TUNA & MOZZARELLA	£6.50
HAM MELT Home cooked roast ham, mozzarella cheese & tomato	£6.50
MEDITERRANEAN VEGETABLE MELT Roasted vegetables & mozzarella cheese	£6.45

## FANCY A SANDWICH?

Freshly made to order on sliced white or wholemeal brown bread all served with a fresh salad garnish	
HOME COOKED ROAST HAM, CHEDDAR CHEESE	£4.95
CHEDDAR CHEESE & RED ONION Served with a pot of homemade tomato chutney	£4.75
PEELED PRAWNS WITH MARIE ROSE SAUCE	£5.75
TUNA MAYONNAISE	£4.95
CHICKEN BREAST	£4.75
CHICKEN, BACON & MAYONNAISE	£4.95



# The Keys Bar Menu

## MAIN COURSES

8oz. SIRLOIN STEAK Classic 8oz sirloin steak, chargrilled to your liking with hand cut chips, homemade onion rings, grilled tomato, mushrooms & garden peas	£13.95
6 oz. RUMP STEAK A smaller option served as above	£9.65
12oz. GAMMON STEAK 12oz. chargrilled gammon with pineapple rings or two fried eggs freshly laid by Norman's hens next door (can't get fresher than this!)	£11.35
6oz. GAMMON STEAK A smaller option served as above	£8.65
CHICKEN NEW YORKER Chargrilled chicken breast, topped with melted cheese, bacon & B.B.Q sauce with hand cut chips, homemade onion rings & coleslaw	£9.25

## SIDE ORDERS

PEPPERCORN OR DIANE SAUCE	£3.00
HAND CUT CHIPS	£2.40
CREAMY MASH	£2.40
VEGETABLES OF THE DAY	£2.65
SIDE SALAD	£2.80
HOMEMADE ONION RINGS	£2.50
SAUTEED MUSHROOMS	£2.75
SLICE OF BREAD & BUTTER	£0.50

## KEYS TRADITIONAL PUB CLASSICS

FISH & CHIPS Homemade battered fresh haddock, hand cut chips & mushy peas	£9.50
MEAT & POTATO PIE Homemade 100% minced beef & potato pie served with a choice of potato & garden peas	£8.95
CUMBERLAND SAUSAGE & EGG Locally made Cumberland sausage served with two fried eggs freshly laid by Norman's hens next door (can't get fresher than this!) served with hand cut chips & beans	£7.95
LASAGNE VERDI Layers of pasta & prime minced beef topped with a bechamel sauce served with a choice of hand cut chips or salad & garlic bread	£8.65
SPINACH & RICOTTA CANNELLONI Served as above	£8.65
SCAMPI, CHIPS & GARDEN PEAS Wholetail breaded scampi & garden peas	£9.50

## SUMMER SALADS

CHICKEN SALAD Chargrilled chicken breast, crisp house salad & a slice of home baked bloomer bread & butter	£7.75
TRADITIONAL HOME COOKED ROAST HAM & PINEAPPLE SALAD Crisp house salad, a slice of home baked bloomer bread & butter with homemade coleslaw	£7.95
PRAWN SALAD Fresh peeled Atlantic prawns with a pot of Marie Rose sauce, crisp house salad with wholemeal brown bread & butter	£8.95

## SUNDAY LUNCH

Come and enjoy your family Sunday lunch here at the Keys!  
Roast topside of beef with chef's Yorkshire pudding, roast potatoes & new potatoes and seasonal vegetables for

**£9.95**

*See also our daily changing specials.*



Find us on Facebook at [keyslancaster](#) & stay up to date with all the latest news and promotions!



And find an follow our tweets on Twitter @keyslancaster

VISIT OUR WEBSITE [www.thekeyslancaster.co.uk](http://www.thekeyslancaster.co.uk) & become a friend to receive all the latest vouchers, offers, news & promotions...& a FREE drink on your birthday!

## NOW FOR THE SMALL PRINT

All prices include Vat.  
Service charge is not added.  
All tips go to staff concerned & not part of their wages.  
All weights are approximate before cooking.  
Menu descriptions may not list every ingredient.  
Customers concerned about presence of nuts or other allergies are welcome to ask staff for assistance.  
Please be aware that fish products may contain small bones  
Menu design by graphic designer Janice Parker ([janiceparker\\_435@msn.com](mailto:janiceparker_435@msn.com))

