

# The Keys lunchtime & evening bar menu

## Nibbles and Starters

Soup of the day Homemade soup with bloomer bread ( please ask for today's choice )	£3.25
(V) Garlic Bread 3 slices With cheese	£1.95 £2.45
Jacket wedges, cheese and bacon Deep fried, homemade potato wedges topped with melted cheese and bacon	£4.95
Jacket wedges with chilli Deep fried, homemade potato wedges topped with homemade chilli	£5.25
Jalapeno peppers Battered jalapeno peppers deep fried centred with soft cheese served with garlic mayonnaise dip	£4.95
(V) Breaded mushrooms Deep fried breaded mushrooms with a garlic mayonnaise dip	£4.95
Classic Prawn cocktail Served with wholemeal bread	£5.25
(V) Cheesy nachos for 1 or 2 With a trio of dips of sour cream, guacamole and salsa	£3.25 / £5.95

## Main Courses Chargrilled Selection

8 oz Sirloin Classic 8oz steak, chargrilled to your liking with handcut chips, onion rings, tomato, mushrooms and peas	£13.20
6 oz rump steak A smaller option served as above	£8.95
12 oz Gammon Steak 12 oz chargrilled gammon with pineapple rings or two fried eggs freshly laid by Normans hens next door (you cant get fresher than this)	£10.75
6 oz Gammon Steak A smaller option served as above	£7.50
Chicken New Yorker Chargrilled chicken breast, topped with melted cheese, bacon and BBQ sauce with handcut chips, onion rings and coleslaw	£8.75

## The Gourmet Burger Selection

Homemade gourmet burger 1/2 pounder homemade 100% beef ground and blended with diced onion and light seasoning with handcut chips and homemade coleslaw	£9.25
1/4 pounder A smaller option served as above	£6.50
Homemade chicken burger Battered chicken breast with handcut chips and homemade coleslaw	£9.75
(V) Homemade veggie burger With handcut chips and homemade coleslaw	£7.85
Add bacon	£0.50
Add cheese	£0.50

## Keys Traditional Pub Classics

Fish and Chips Homemade battered fresh haddock, handcut chips and mushy peas	£8.50
Liver and Bacon Casserole Sliced lambs liver, pan fried in a rich bacon, onion and leek gravy with creamy mash	£7.50
Keys Steak and Vegetable Pie A wedge of chefs traditional homemade pie with chunks of fine steak, leeks and carrot with a choice of potato	£8.75
Cumberland sausage and egg Locally made Cumberland sausage ring served with two fried eggs freshly laid by Normans hens next door (you cant get fresher than this, handcut chips and beans)	£7.95
Lasagne Verdi Layers of pasta and prime minced beef topped with a béchamel sauce served with a choice of handcut chips or salad and garlic bread	£7.65
(V) Spinach and Ricotta cannelloni served as above	£7.65
Scampi, chips and garden peas Whole tail breaded scampi	£8.60
Chilli Con Carne Chefs homemade chilli served with boiled Rice and garlic bread	£7.95

## Tasty Wraps

(V) Mediterranean vegetable wrap seasonal vegetables marinated in Cajun spices with sour cream, lettuce and salsa enclosed in a tortilla wrap	£6.25
Cajun Chicken wrap Tender strips of chicken marinated in Cajun spices with sour cream, lettuce and salsa enclosed in a tortilla wrap	£6.50
Cajun Steak wrap Tender strips steak marinated in Cajun spices with sour cream, lettuce and salsa enclosed in a tortilla wrap	£6.90

## Deli style sandwiches

Served on sliced white bread or  
malted wheat bloomer

Homemade Roast ham, Lancashire cheese Served with a salad garnish with a pot of homemade chutney	£4.95
Peeled prawns with Marie rose sauce	£5.70
Tuna mayonnaise	£4.95
Mrs Kirkhams crumbly Lancashire cheese Served with a pot of homemade chutney	£4.65

Add onion or tomato if you like just ask

## Freshly baked organic hot baguettes

All served with handcut chips and  
salad garnish

C.B.L.T Chicken, bacon, lettuce, tomato and mayonnaise	£6.95
Steak and onion Rump steak and fried onions	£7.25

## Mouth Watering Panini's

All served with handcut chips and  
salad garnish

B.B.Q chicken Chicken, bacon, cheese and B.B.Q sauce	£6.25
Tuna and Mozzarella	£6.10
Ham Melt Home cooked roast ham, mozzarella cheese and tomato	£6.10
(V) Mediterranean vegetable melt Roasted vegetables and melted mozzarella cheese	£6.10

## Jacket potatoes

(V) Three cheeses Cheddar, Mozzarella and Mrs Kirkhams Lancashire	£5.25
(V) Cheddar cheese and beans	£5.35
Chilli	£5.75
Prawns and Marie Rose sauce	£5.75
Tuna and Mayonnaise	£5.75

## Platters and Salads

Ploughmans platter Traditional home cooked roast ham, Mrs Kirkhams Lancashire cheese and Garstang blue cheese with a chunk of home baked bread and homemade chutney	£7.25
(V) Cheese ploughmans Mrs Kirkhams Lancashire, Garstang blue cheese and local cheddar with apple, a chunk of home baked bread and homemade chutney	£7.10
Chicken salad Chargrilled chicken breast, crisp house salad and a chunk of home baked bread	£7.25
Traditional home cooked roast ham and Pineapple salad Crisp house salad, a chunk of home baked bread and homemade chutney	£7.25

## Side orders

Peppercorn or Diane sauce	£1.95
Handcut chips	£2.25
Creamy mash	£2.25
Vegetables of the day	£2.50
Side salad	£2.65
Homemade onion rings	£2.35
Sautéed mushrooms	£2.60
Slice of bread and butter	£0.50

All prices include Vat. Service charge is not added. All tips go to staff concerned and not part of their wages. All weights are approximate before cooking. Menu descriptions may not list every ingredient. Customers concerned about presence of nuts or other allergies are welcome to ask staff for assistance. Please be aware that fish products may contain small bones