

# The Keys lunchtime & evening bar menu

## Nibbles and starters

<b>Soup of the day</b> Homemade soup with bloomer bread (please ask for today's choice)	£3.00
(V) <b>Garlic bread 3 slices</b> with cheese	£1.95
<b>Jacket wedges with cheese and bacon</b> Deep fried, homemade potato wedges topped with melted cheese and bacon	£2.40
(V) <b>Buffalo onion petals</b> Slices of onion in a crispy Louisiana spicy coating with sour cream	£4.65
(V) <b>Breaded mushrooms</b> Deep fried breaded mushrooms with a garlic mayonnaise dip	£4.50
<b>Prawn cocktail</b> Done the classic way	£4.75
(V) <b>Cheesy nachos for 1 or 2</b>	£2.95 / £5.50

## Main Courses

### Chargrilled Selection

<b>8oz Sirloin</b> Classic 8oz steak, chargrilled to your liking with handcut chips, onion rings, tomato, mushrooms and peas	£12.75
<b>6oz Rump Steak</b> a smaller option served as above	£8.25
<b>12oz Gammon chargrilled</b> With Pineapple rings or two fried eggs freshly laid by Normans hens next door (eggs don't get fresher than this!)	£10.45
<b>6oz Gammon</b> a smaller option served as above	£7.15
<b>Chicken New Yorker</b> chargrilled chicken breast, topped with melted cheese, bacon and BBQ sauce with handcut chips, onion rings and homemade coleslaw	£8.25

### The Gourmet burger collection

<b>Homemade gourmet burger</b> 1/2 pounder. Homemade 100% beef grounded and blended with diced onion and light seasoning with handcut chips and homemade coleslaw	£9.25
<b>1/4 pounder a smaller option</b> Served as above	£6.50
<b>Homemade Chicken burger</b> Battered chicken breast with handcut chips and homemade coleslaw	£9.75
(V) <b>Homemade veggie burger</b> With handcut chips and homemade coleslaw	£7.50
<b>Add bacon</b>	£0.50
<b>Add cheese</b>	£0.50

## Keys Traditional Pub Classics

<b>Fish and chips</b> freshly battered fresh haddock, handcut chips and mushy peas	£8.25
<b>Liver and bacon casserole</b> sliced lambs liver, pan fried in a rich bacon, onion and leek gravy with creamy mash	£7.25
<b>Keys steak and vegetable pie</b> A wedge of chefs traditional homemade pie with chunks of fine steak, leeks and carrot	£8.50
<b>Black sheep bangers and mash</b> Locally made Cumberland sausage ring on a bed of creamy mash topped with Black Sheep onion gravy	£7.95
<b>Lasagne Verdi</b> Layers of pasta and prime minced beef topped with a béchamel sauce served with a choice of handcut chips or salad and garlic bread	£7.50
(V) <b>Spinach and Ricotta Cannelloni</b> Served as above	£7.50
<b>Scampi, Chips and garden peas</b> wholetail breaded scampi	£8.50

### Tasty Wraps

(V) <b>Mediterranean vegetable wrap</b> seasonal vegetables marinated in Cajun spices with sour cream, lettuce and salsa enclosed in a tortilla wrap	£5.95
<b>Cajun Chicken Wrap</b> Tender strips of chicken marinated in Cajun spices with sour cream, lettuce and salsa encased in a tortilla wrap	£6.40
<b>Cajun Steak Wrap</b> Tender strips of steak marinated in Cajun spices with sour cream, lettuce and salsa encased in a tortilla wrap	£6.85
All served with salad garnish and handcut chips	

### Deli Style Sandwiches

served on sliced white bread or Malted wheat bloomer	
<b>Home Roast ham, Lancashire cheese</b>	£4.95
served with a salad garnish with a pot of homemade chutney	
<b>Peeled Prawns with Marie Rose sauce</b>	£5.60
<b>Tuna mayonnaise</b>	£4.85
<b>Mrs Kirkhams crumbly Lancashire</b>	£4.55
served with a pot of homemade chutney	
Add onion or tomato if you like just ask	

### Freshly Baked Organic Hot Baguettes

All served with handcut chips and salad garnish	
<b>CBLT</b>	£6.75
chicken, bacon, lettuce, tomato and mayonnaise	
<b>Steak and onion</b>	£6.95
Rump steak and fried onions	

## Mouth Watering Panini's

All served with handcut chips and salad garnish	
<b>B.B.Q Chicken</b>	£5.95
Chicken, bacon, cheese and BBQ sauce	
<b>Tuna and Mozzarella</b>	£5.80
<b>Ham Melt</b>	£5.80
Home cooked roast ham, mozzarella cheese and tomato	
(V) <b>Mediterranean vegetable melt</b>	£5.80
Roasted vegetables and melted mozzarella cheese	

### Jacket potatoes

(V) <b>Three cheeses</b> Cheddar, mozzarella and Mrs Kirkhams tasty Lancashire	£4.85
(V) <b>Cheddar cheese and beans</b>	£4.95
<b>Chicken, bacon and mayonnaise</b>	£5.25
<b>Prawns and Marie Rose sauce</b>	£5.65
<b>Tuna and mayonnaise</b>	£5.65

### Platters and Salads

<b>Ploughmans platter</b> Traditional home cooked roast ham Mrs Kirkhams tasty Lancashire cheese and Garstang Blue cheese Served with a chunk of home baked bread and homemade chutney	£6.95
(V) <b>Cheese Ploughmans</b> Mrs Kirkhams tasty Lancashire Garstang Blue cheese and local cheddar with apple, and a chunk of home baked bread and homemade chutney	£6.75
<b>Chicken Salad</b> Chargrilled chicken breast, crisp house salad and a chunk of homemade bread	£6.85
<b>Traditional Home cooked Roast ham and Pineapple Salad</b> crisp house salad, a chunk of home baked bread and homemade chutney	£6.85

### Side Orders

<b>Add a steak sauce - Peppercorn or diane</b>	£1.95
<b>Homemade Chips</b>	£2.25
<b>Creamy Mash</b>	£2.25
<b>vegetables of the day</b>	£2.50
<b>Side Salad</b>	£2.65
<b>Homemade onion rings</b>	£2.35
<b>Sautéed mushrooms</b>	£2.60

All prices include VAT. Service charge is not added—all tips go to staff concerned and are not part of their wages. All weights are approximate before cooking Menu descriptions may not list every individual ingredient. Customers concerned about presence of nuts, seeds or other allergies in our food are welcome to ask a member of staff for assistance when choosing their meal. Please be aware that fish products may contain small bones